

ALLERGY & ASTHMA CENTER, P.C.

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Michael B. Sherman, MD, FAAAAI, FAAAAI
Board Certified in Pediatric and Adult Allergy, Asthma, and Immunology

New Patient Instructions

- Do not take any antihistamines (oral or nasal) within **3 days** of your appointment if possible, **6 days** for desloratadine (Clarinet) and levocetirizine (Xyzal). Otherwise, we cannot perform skin testing at the visit.
- Please wear a short sleeve shirt for skin testing.
- Bring your insurance card and referral if applicable.
- Photo ID card – valid driver's license or other government-issued photo ID
- Please fill out ALL of the paperwork prior to your arrival.
- Please arrive 15 minutes prior to your scheduled appointment time so that we can process your paperwork.

We look forward to your visit.